

The Youthline Placement Student or Counsellor will provide a voluntary professional and ethical counselling service following the principles and values set out by the BACP Ethical Framework for Good Practice in Counselling and Psychotherapy to young people between the ages of 12 to 25 and the people who work with and care for them.

## **ROLE DESCRIPTION**

### **Clinical**

- To deliver one to one counselling sessions to adolescents and older clients with difficulties that includes mild to moderate psychological distress.
- To consider the limitation of your training and experience and to work within these limits.
- To liaise with the Counsellor Coordinator regularly on any issues or concerns that may arise, in order to best support you in carrying out your role in an effective and responsible manner.
- To work once a week on a three-hour Rota with individual clients to establish a therapeutic relationship that is safe to facilitate change.
- To engage in six weekly client assessments in order to gain an understanding of the emotional needs of the young person and adult clients.
- To provide on-going counselling to clients that conforms to all of Youthline's Policies and Procedures.
- To provide considerate and respectful support to your Rota colleagues as stipulated in the policies and procedures manual.
- To have an adequate self-care plan to include supervision (individual and group).
- To attend an initial induction day, an annual one to one with your group supervisor and an exit interview on your departure.
- To be alert to young people and vulnerable adults expressing concern about their own and other's welfare and to follow Youthline's Safeguarding and confidentiality procedures.
- Placement students, once qualified, to offer under 16 counselling for a minimum of 36 hours. This time will be adequately supervised and will accrue towards BACP Accreditation post qualification hours.

### **CPD**

- To engage in mandatory training specified by Youthline which includes training in Safeguarding Vulnerable Adults and Child Protection and E-learning modules specified by Youthline.
- To take responsibility in gaining up to date practice through Youthline and external CPD (to attend at least 4 workshops per year)

### **SUPERVISION AND LINE MANAGEMENT**

- To attend regular and ongoing supervision according to your clinical caseload in line with BACP guidelines. This includes attending mandatory group supervision for 2 hours once per month, and to arrange and attend private one to one supervision.
- To attend annual one to one's with supervisor (July and to write a self-appraisal report).

### **COMPLIANCE AND CONFIDENTIALITY**

- At all times to have an awareness of and work according to values and principles set out in the BACP Ethical Framework.

- To promote anti-discriminatory practices which uphold the rights of all individuals equal access to services irrespective of race, religion, colour, nationality, ethnicity, material status, sexual orientation or disability.
- To promote equal opportunities and an open approach in all areas of work bearing in mind the need to maintain appropriate confidentiality at all times.
- To ensure compliance with health and safety, child protection and data protection regulation in accordance with Youthline Policy and legislation.

**TERMS:**

- Successful enhanced DBS check by Youthline,
- Safeguarding vulnerable adults and young people training every three years,
- Contract ongoing
- Probation period for the first three months and demonstrated competency,
- To attend 11 mandatory two-hour group supervision sessions with a break in August,
- To attend individual one to one annual review supervision (May/June)
- Continuous CPD (at least 4 per year) Certificates to be submitted to Practice Manager,
- Two months' notice period.

**PERSON SPECIFICATION  
PLACEMENT STUDENT AND COUNSELLOR**

Skills	Volunteer Counsellor (Qualified)	Volunteer Placement Student
Diploma or higher in Counselling	Essential	On a recognised training
Experience of working with Children and young people	Essential	Desire to learn and work with young people
An ability to offer a range of counselling interventions, to work in the most effective manner with clients	Essential	Developing
An understanding of mental health issues	Essential	Essential
Initiative and ability to manage own workload	Essential	With support
Good organisational and admin skills	Essential	Essential
Collaborative work ethic	Essential	Essential
Engage with internal supervision	Essential	Essential
BACP Accreditation or other	Essential	BACP student membership
Excellent communication skills	Essential	Essential
Understand young people's issues	Essential	Developing
Willingness ability to learn new skills	Essential	Essential
Knowledge of ethical practice	Essential	Developing